



IMPORTANT INFORMATION

STOP DENGUE

1

DO YOUR WEEKLY YARD CHECK

DENGUE MOSQUITOES BREED IN STAGNANT WATER

- Pot plant bases
- Tyres
- Palm fronds
- Boats
- Buckets
- Tarpaulins
- Containers
- Birdbaths
- Drain sumps
- Bromeliads
- Roof guttering
- Rain water tanks

2

DON'T GET BITTEN

THEY ARE DAYTIME BITERS

- Use repellent
- Burn mosquito coils
- Use surface sprays
- Screen your hours
- Wear loose clothes - they can't bite through

3

SEE YOUR DOCTOR IF YOU FEEL UNWELL

DENGUE FEVER SYMPTOMS INCLUDE

- Headache
- Muscle and joint pain
- Skin rash
- Loss of appetite, vomiting, and diarrhoea
- Fever
- Bleeding of gums or nose

**ask your doctor
for a blood test**



FOR MORE INFORMATION CONTACT

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