

# Messy Play

Unleash the mess! Increase your child's confidence and develop their fine and gross motor skills by exploring fun, sensory and creative Messy Play.

first5  
forever



[first5forever.org.au](http://first5forever.org.au)

The first 5 years last a lifetime



Queensland  
Government

# Acknowledgement of Country



**Here is the land**

*(arms wide open)*

**And here is the sky**

*(arms pointing towards the sky)*

**Here are my friends**

*(arms out to the group)*

**And here am I**

*(point to self)*

**We thank the Bindal and the Wulgurukaba people,**

**For the land on which we live and play.**

**We promise to care for it every single day.**



# Opening Song: "The Hello Song"



Hi, hello and how are you?

*(wave to each other)*

How are you? How are you?

Hi, hello and how are you?

How are you today?



# Free library membership



If you don't have a library membership,  
you can easily set one up online  
by following the link below.

[townsville.spydus.com](http://townsville.spydus.com)

citylibraries

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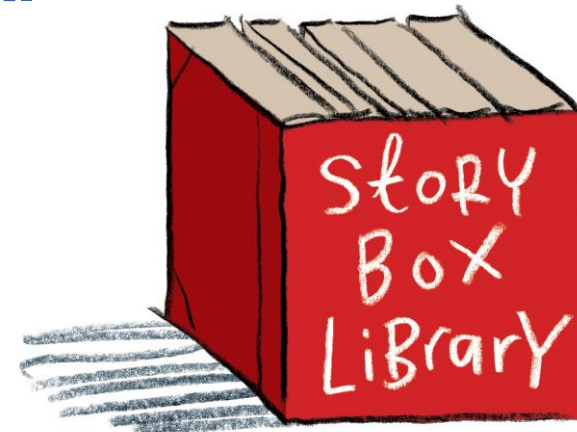
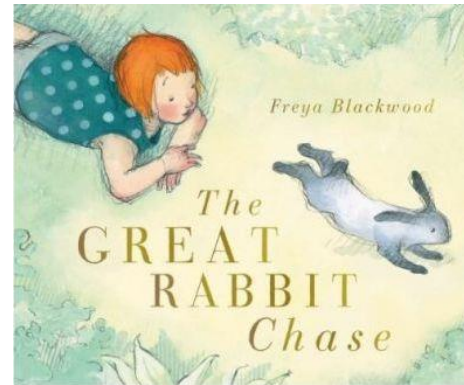


# STORYTIME: StoryBox Library



Use your library membership to access StoryBox Library.  
This month we recommend “The Great Rabbit Chase”.  
Follow the link below to access StoryBox.

[storyboxlibrary.com.au](http://storyboxlibrary.com.au)



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# Townsville CityLibraries Early Literacy Programs



Join us for all your favourite First 5 Forever Programs!  
Bookings essential. Visit <https://whatson.townsville.qld.gov.au/>

## Tuesday at Townsville Stadium, Annandale

Toddler Time - 9am – 9:50am

Baby Rhyme Time - 10:30am – 11:20am

## Wednesday at Townsville Stadium, Annandale

Baby Rhyme Time - 9am – 9:50am

Toddler Time - 10:30am – 11:20am

## Thursday at CityLibraries Thuringowa

Storytime

Session 1 - 9am – 10am

Session 2 - 10:30am – 11:30am

## Messy Play Take Home Packs

Once a month, locations vary. See our Townsville CityLibraries Facebook page or What's On for more information.

Your favourite staff have also created a wide range of online sessions including Baby Rhyme Time, Toddler Time and Storytime for you to enjoy from the comfort of your home.

Visit: <https://www.townsville.qld.gov.au/facilities-and-recreation/libraries/online-library-living>



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# MESSY PLAY ACTIVITIES CONTAIN FOOD ITEMS



The following Messy Play activities contain food items. Please see recipes for ingredient list.

## Playdough recipe

### **You will need:**

2 cups plain flour  
1 cup of salt  
4 tablespoons of cream of tartar (optional)  
2 tablespoons of cooking oil  
Food colouring  
2 cups of boiling water  
Cinnamon (optional)

### **Method:**

Put all the ingredients in a large bowl and mix. As soon as it starts to bond together and is hard to mix, take it out of the bowl throw it on a board and knead until it takes on the look and consistency of play dough. It will be hot when you take it out of the bowl so be careful.

# Hot Cross Bun Playdough !



The malleable properties of play dough make it fun for investigation and exploration as well as building up strength in all the tiny hand muscles and tendons, making them ready for pencil and scissor control later on.

Use words like rolling, poking, squishing, patting.



Ask your child what they can make, smell and feel.



# Bunny Ears!



**Decorate your Easter Bunny ears.**

**You will find cotton wool, feathers and collage material inside you pack.**

**Easter book suggestions to read with your child:**

- **I Love Easter by Anna Walker**
- **Little Bilby's Aussie Easter Egg Hunt by Yvonne Mes**
- **The Easter Bunnyroo by Susannah Chambers**

**It's never too early to start reading to your little one.**



**You might like to do an Easter hunt for colours, shapes or letters around the house!**

# Frozen Balloons – Easter Eggs



Inside your pack is a balloon. Fill your balloon with water, tie it up and freeze overnight.

You might also like to add food colouring, glitter or a little toy inside the balloon.

Try adding water or utensils to your frozen egg play.

Use words like hard, cold, frozen, melt.



# Little Peter Rabbit



**Little Peter Rabbit had a fly upon his nose,**

*(Make rabbit ears with fingers, touch child's nose)*

**Little Peter Rabbit had a fly upon his nose,**

**Little Peter Rabbit had a fly upon his nose,**

**And he swished it and he swashed it**

*Swish and swash in front)*

**And it flew away.**

*(Put hand behind back)*



# “If you’re happy and you know it”

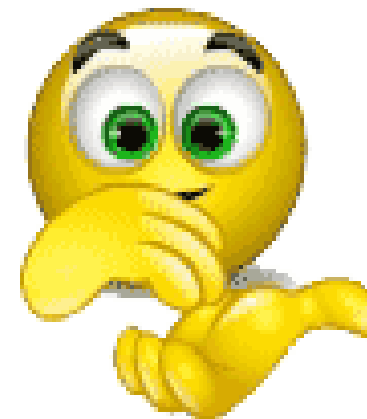


If you’re happy and you know it clap your hands  
If you’re happy and you know it clap your hands  
If you’re happy and you know it then you really ought to show it  
If you’re happy and you know it clap your hands

If you’re happy and you know it shake your legs  
If you’re happy and you know it shake your legs  
If you’re happy and you know it then you really ought to show it  
If you’re happy and you know it shake your legs

If you’re happy and you know it bounce around  
If you’re happy and you know it bounce around  
If you’re happy and you know it then you really ought to show it  
If you’re happy and you know it bounce around

If you’re happy and you know it wave goodbye  
If you’re happy and you know it wave goodbye  
If you’re happy and you know it then you really ought to show it  
If you’re happy and you know it wave goodbye



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