

### THE BEST TIME TO MOW

Over Townsville's hot and humid wet season the plan is often to get up and mow the lawn first thing in the morning, before it gets too hot. The best time to mow your lawn is actually very late afternoon or early evening. Mowing at this time will give your grass around 12 hours of shade, keeping moisture in the roots and providing time to recover before it is exposed to direct sunlight and heat again.

### SHOULD I MOW WHEN IT'S WET?

It is best to hold off on mowing if your grass has recently been watered, has morning dew, or it has just rained. Here's why:

- Wet grass is much more likely to suffer from an uneven mow.
- Grass clippings can get caught in the lawnmower or stick together and clump on the lawn, blocking much needed sunlight.
- When grass is wet, disease can be spread by the lawnmower more easily and the blades are more likely to tear.

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# DON'T FORGET TO TURN OFF YOUR IRRIGATION WHEN IT'S RAINING!

## **HOW MUCH TO REMOVE?**

You should aim to remove no more than 1/3 of the grass height each time you mow. This can be achieved by adjusting your mower's blade height. By only removing the top third of the grass height this will help reduce heat stress on new grass growth and encourage vigorous root growth to get your lawn ready for the drier parts of the year.

## TAKE CARE OF YOURSELF

It's important to take care of yourself too! Mowing the lawn when it is wet can pose an injury risk. Plus, mowing in extreme heat can result in heat stroke, heat exhaustion and sunburn.

- · Keep hydrated with water.
- · Take breaks as needed.
- Wear sturdy shoes, sun-safe clothing, ear protection, a hat, glasses and sunscreen.