

# Messy Play

Unleash the mess! Increase your child's confidence and develop their fine and gross motor skills by exploring fun, sensory and creative Messy Play.

first5  
forever



[first5forever.org.au](http://first5forever.org.au)

The first 5 years last a lifetime



Queensland  
Government

# Acknowledgement of Country



**Here is the land**

*(arms wide open)*

**And here is the sky**

*(arms pointing towards the sky)*

**Here are my friends**

*(arms out to the group)*

**And here am I**

*(point to self)*

**We thank the Bindal and the Wulgurukaba people,**

**For the land on which we live and play.**

**We promise to care for it every single day.**



# Opening Song: "The Hello Song"



Hi, hello and how are you?

*(wave to each other)*

How are you? How are you?

Hi, hello and how are you?

How are you today?



# Free library membership



If you don't have a library membership,  
you can easily set one up online  
by following the link below.

[townsville.spydus.com](http://townsville.spydus.com)

citylibraries

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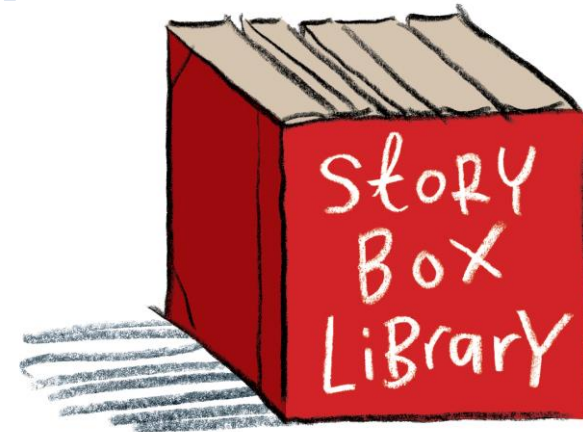
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# STORYTIME: StoryBox Library



Use your library membership to access StoryBox Library.  
This month we recommend “Macca’s Christmas Crackers”.  
Follow the link below to access StoryBox.

[storyboxlibrary.com.au](http://storyboxlibrary.com.au)



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# Programs are back!



Join us for all your favourite First 5 Forever Programs! Bookings essential. Visit <https://whatson.townsville.qld.gov.au/>

## Tuesday at Townsville Stadium, Annandale

Toddler Time – 9am for a 9:30am start

Baby Rhyme Time – 10:30am for a 11am start

## Wednesday at Townsville Stadium, Annandale

Baby Rhyme Time – 9am for a 9:30am start

Toddler Time – 10:30am for a 11am start

## Thursday at CityLibraries Thuringowa

Storytime – 9:45am for a 10am start



Your favourite staff have also created a wide range of online sessions including Baby Rhyme Time, Toddler Time and Storytime for you to enjoy from the comfort of your home. Visit: <https://www.townsville.qld.gov.au/facilities-and-recreation/libraries/online-library-living>

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# MESSY PLAY ACTIVITIES CONTAIN FOOD ITEMS



The following Messy Play activities contain food items. Please see recipes for ingredient list.

## Christmas Cake recipe

### **You will need:**

Flour  
Oats  
Mixed spices

### **Method:**

Put all the ingredients in a large bowl, mix and play.

Add water for a different texture!



# Christmas Cake Play!



Time to put those little hands to work. Have fun adding water and mixing up your Christmas cake batter.

Sensory play with lots of different textures.

Use some kitchen utensils to add to the fun!



Ask your child what they can see, hear, smell and feel.



# Paper Plate Wreath!

**Make a beautiful Christmas wreath to hang up in your house with the plate, collage material and glitter in your pack.**

**Repetition is great!  
Repeating songs and rhymes helps to embed language sounds.**



**Sing some Christmas song with your little one.**

# Make a Christmas Card



In your pack you will find a piece of card, glitter and a Christmas sticker.

Make a Christmas card for someone special.

You might like to use crayons/pencils or cut up and old magazine to decorate your Christmas card.

A great opportunity to talk with your child about this special time of year.

# Rudolf The Red Nosed Reindeer



**Rudolph the red nosed reindeer, had a very shiny nose**

*(Put hands behind head for antlers, touch child's nose)*

**And if you ever saw it you would even say it glows**

*(Open and shut hands)*

**All of the other reindeer used to laugh and call him names**

*(Put hands behind head for antlers)*

**They never let poor Rudolph, join in any reindeer games**

*(Touch child's nose)*

**Then one foggy Christmas Eve, Santa came to say Ho-Ho-Ho**

*(Pretend to stroke beard on chin)*

**Rudolph with your nose so bright, won't you guide my sleigh tonight.**

*(Touch child's nose)*

**Then all the reindeer loved him, and they all shouted out with glee yippee**

*(Put hands behind head for antlers, lift child or arms in air)*

**Rudolph the red nosed reindeer, you'll go down in history.**

*(Touch child's nose)*



# “If you’re happy and you know it”



If you’re a reindeer and you know it kick your hooves  
If you’re a reindeer and you know it kick your hooves  
If you’re a reindeer and you know it then you really ought to show it  
If you’re a reindeer and you know it kick your hooves

If you’re an elf and you know it bounce around  
If you’re an elf and you know it bounce around  
If you’re an elf and you know it then you really ought to show it  
If you’re an elf and you know it bounce around

If you’re Rudolph and you know it fly up high  
If you’re Rudolph and you know it fly up high  
If you’re Rudolph and you know it then you really ought to show it  
If you’re Rudolph and you know it fly up high

If you’re happy and you know it wave goodbye  
If you’re happy and you know it wave goodbye  
If you’re happy and you know it then you really ought to show it  
If you’re happy and you know it wave goodbye

