

Messy Play

Unleash the mess! Increase your child's confidence and develop their fine and gross motor skills by exploring fun, sensory and creative Messy Play.

first5
forever



first5forever.org.au

The first 5 years last a lifetime



Queensland
Government

Acknowledgement of Country



Here is the land

(arms wide open)

And here is the sky

(arms pointing towards the sky)

Here are my friends

(arms out to the group)

And here am I

(point to self)

We thank the Bindal and the Wulgurukaba people,

For the land on which we live and play.

We promise to care for it every single day.



Opening Song: "The Hello Song"



Hi, hello and how are you?

(wave to each other)

How are you? How are you?

Hi, hello and how are you?

How are you today?



Free library membership



If you don't have a library membership,
you can easily set one up online
by following the link below.

townsville.spydus.com

citylibraries

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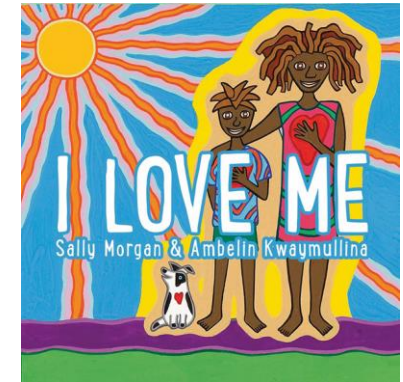
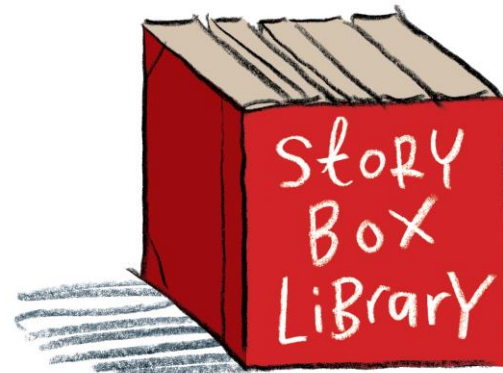
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STORYTIME: StoryBox Library



Use your library membership to access StoryBox Library.
This month we recommend “I love me”.
Follow the link below to access StoryBox.

storyboxlibrary.com.au



Townsville CityLibraries Early Literacy Programs



Join us for all your favourite First 5 Forever Programs!
Bookings essential. Visit <https://whatson.townsville.qld.gov.au/>

Tuesday at Townsville Stadium, Annandale

Toddler Time - 9am – 9:50am

Baby Rhyme Time - 10:30am – 11:20am

Wednesday at Townsville Stadium, Annandale

Baby Rhyme Time - 9am – 9:50am

Toddler Time - 10:30am – 11:20am

Thursday at CityLibraries Thuringowa

Storytime

Session 1 - 9am – 10am

Session 2 - 10:30am – 11:30am

Messy Play Take Home Packs

Once a month, locations vary. See our Townsville CityLibraries Facebook page or What's On for more information.

Your favourite staff have also created a wide range of online sessions including Baby Rhyme Time, Toddler Time and Storytime for you to enjoy from the comfort of your home.

Visit: <https://www.townsville.qld.gov.au/facilities-and-recreation/libraries/online-library-living>



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MESSY PLAY ACTIVITIES CONTAIN FOOD ITEMS



The following Messy Play activities contain food items. Please see recipes for ingredient list.

Coloured Rice recipe

You will need:

Rice
Food colouring
Paper towel/newspaper

Method:

Put all the ingredients in a large bowl and mix. Or for a less mess option, put the rice and food colouring into a ziplock bag and mix. Once mixed put the rice on the paper towel/newspaper to dry.

Write a love letter!



Inside your pack you will find a piece of paper and an envelope. Write or draw a picture to a loved one.

Another great way for your little one to stay connected with family and friends!

Did you know?
Children need strong hands to be able to write. Playdough and scissor time is a fun way to build those muscles!



Have fun together posting a letter!

Coloured Rice



Coloured rice play is a great sensory activity. Sensory play is great for little ones to explore new textures.

Use words like: textures, touch, feel, hard.

You can tip the rice into a bowl or and add utensils for more fun!



Fish Collage



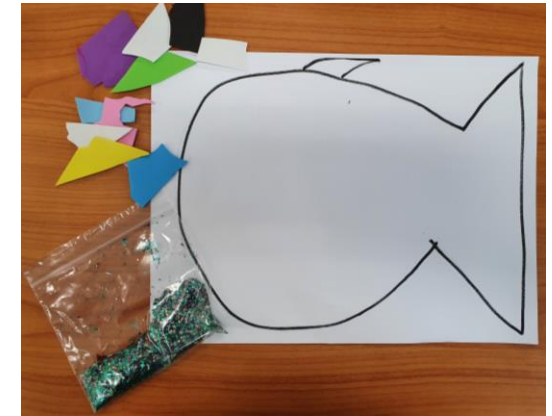
Inside your pack there is a fish template, glitter and collage materials for your little one to have fun creating a masterpiece.

Talk to your child about their creation.

Where does the fish live? (tank, creek, ocean)

Talk about the colours they have used.

Does your fish have a name?



Children learn best when you talk, play, read and sing together.

Two Little Fishes

Two little fishes swimming in a tank,

(Move hands like fish swimming in water)

One named Fred, one named Frank

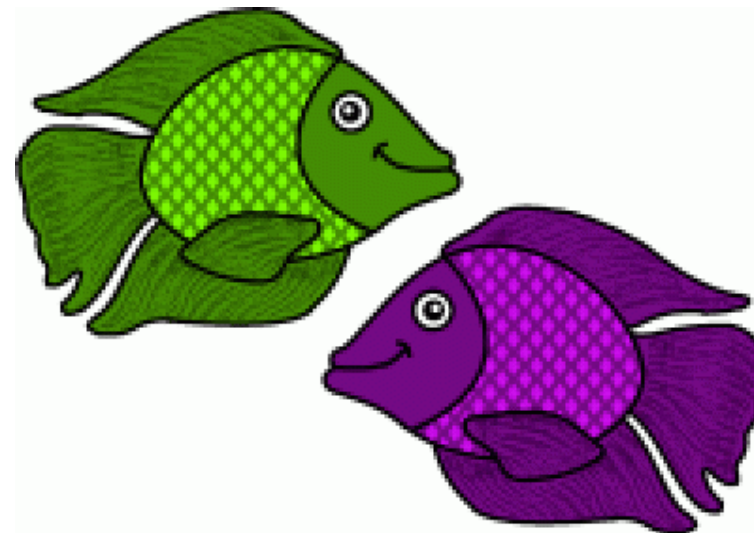
(Move hand forward, one at a time)

Swim away Fred, swim away Frank,

(Put hands behind back one at a time)

Come back Fred, come back Frank.

(Bring hands back to front one at a time)



“If you’re happy and you know it”

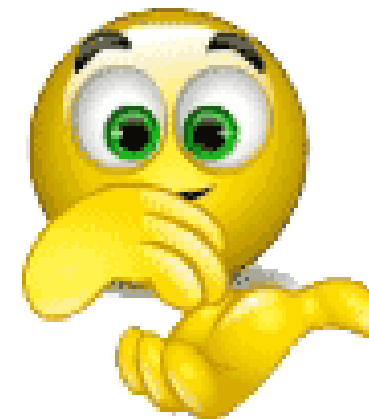


If you’re happy and you know it clap your hands
If you’re happy and you know it clap your hands
If you’re happy and you know it then you really ought to show it
If you’re happy and you know it clap your hands

If you’re happy and you know it shake your legs
If you’re happy and you know it shake your legs
If you’re happy and you know it then you really ought to show it
If you’re happy and you know it shake your legs

If you’re happy and you know it bounce around
If you’re happy and you know it bounce around
If you’re happy and you know it then you really ought to show it
If you’re happy and you know it bounce around

If you’re happy and you know it wave goodbye
If you’re happy and you know it wave goodbye
If you’re happy and you know it then you really ought to show it
If you’re happy and you know it wave goodbye



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