

Dementia Awareness

Information for carers and those living with dementia

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Welcome

If you are caring for someone who has dementia, or you would like further information about dementia, discover CityLibraries' Dementia Awareness Connections today.

Discover

- Resources recommended by dementia support organisations, carers and library staff
- eBook and print booklet featuring books and online resources
- Goodreads bookshelf
- Community presentations
- Library staff available to help you find the information you need.

Please note that this information is not intended as a substitute for professional medical advice.

Join free today

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Search 'Dementia Awareness'

>> On the catalogue:
bit.ly/tsvsearch

>> On Diigo:
bit.ly/tsvlibdiigo

>> On Goodreads:
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Dementia is a term used to describe the symptoms of a large group of conditions that cause a progressive decline in a person's cognition and ability to function. It is a broad term to describe a loss of memory, intellect, rationality, social skills and what would be considered normal emotional reactions. It is important to have a dementia friendly environment for the person living with dementia. Seeking assistance from services who promote independence, cognitive stimulation and a person-centred approach is vital to the person living with dementia and their carers maximise their quality of life.

-Vicki Tattersall, Dementia Services Coordinator, Ozcare

Further recommendations from support organisations can be found online:

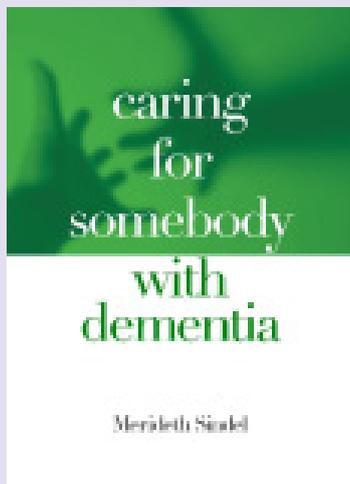
- Ozcare - <http://www.dementiasupport.com.au/resources.aspx>

- The Reading Agency's Reading Well Books on Prescription for Dementia -

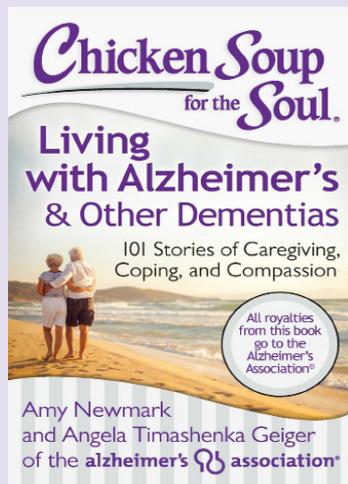
<http://readingagency.org.uk/adults/news/reading-well-books-on-prescription-for-dementia-booklist.html>

Non-fiction

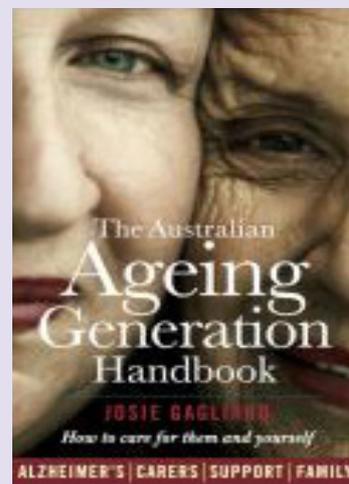
Books > Click the  icon to reserve your copy.



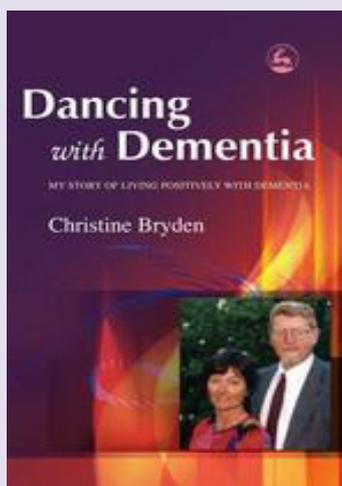
Caring For Somebody With Dementia



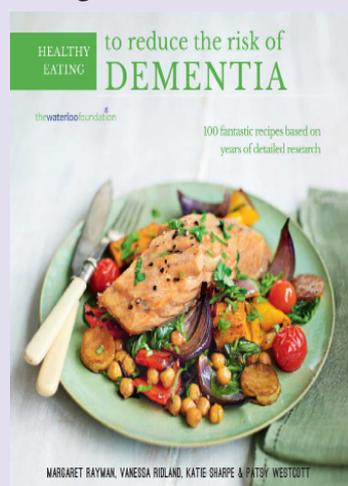
Chicken Soup for the Soul: Living with Alzheimer's



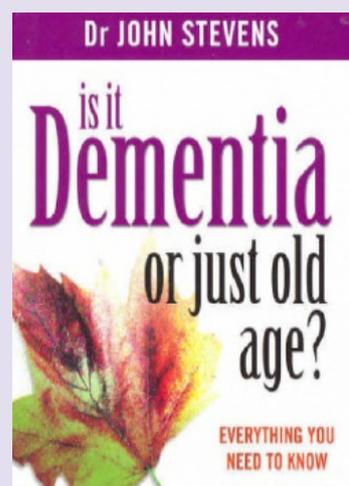
The Australian Ageing Generation Handbook



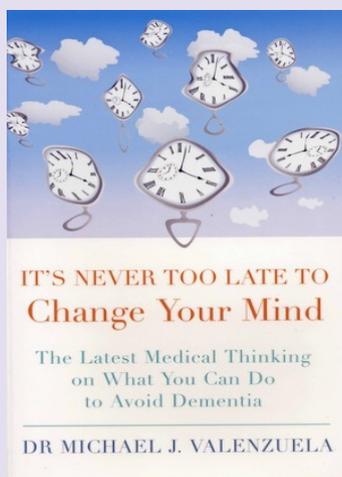
Understanding Alzheimer's



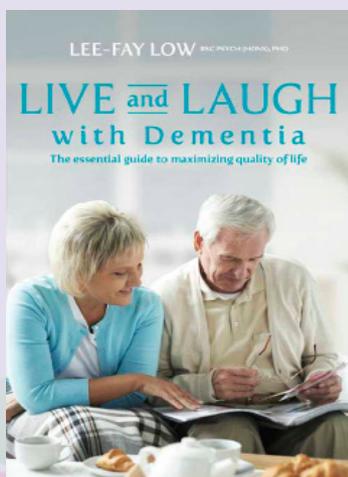
Healthy Eating to Reduce the Risk of Dementia



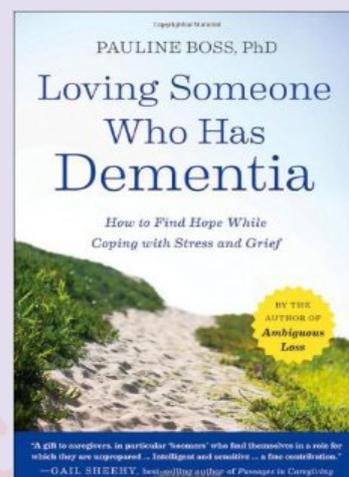
Is it Dementia or Just Old Age?



It's Never Too Late To Change Your Mind



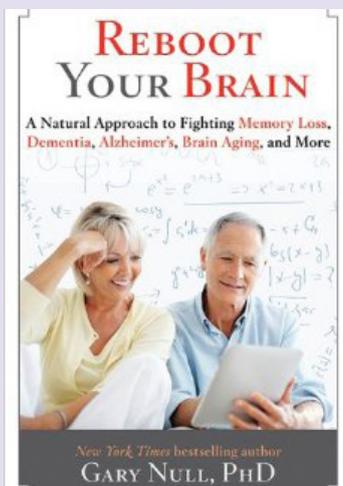
Live and Laugh with Dementia



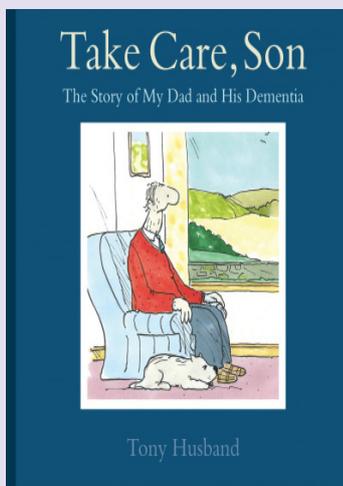
Loving Someone Who Has Dementia

Non-fiction

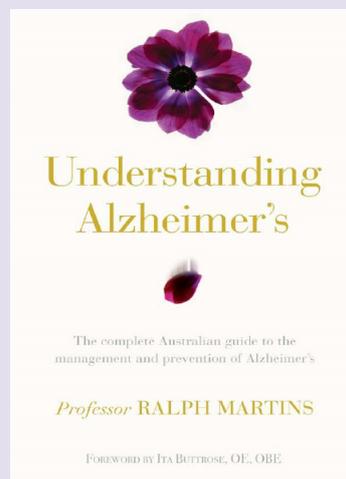
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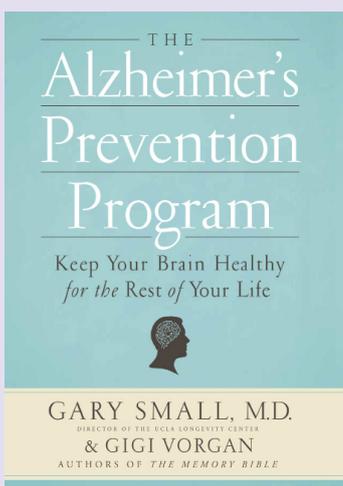
Reboot Your Brain



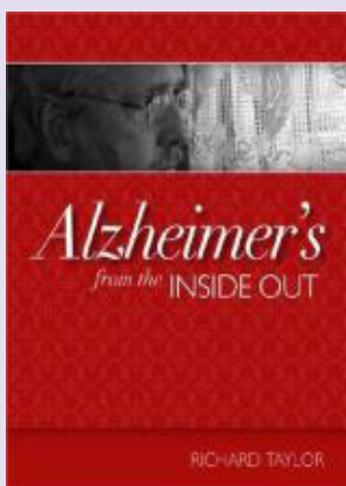
Take Care, Son



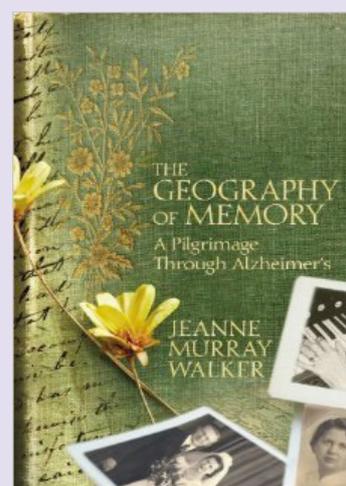
Understanding Alzheimer's



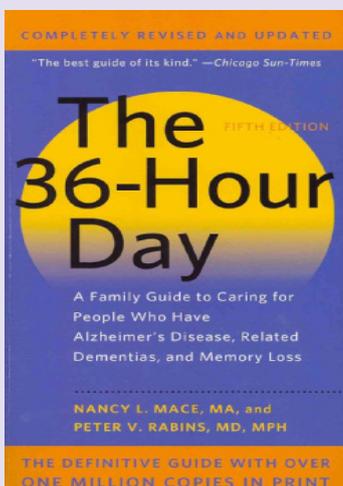
The Alzheimer's Prevention Program



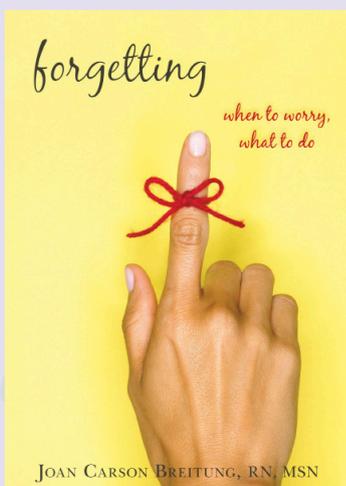
Alzheimer's From The Inside Out



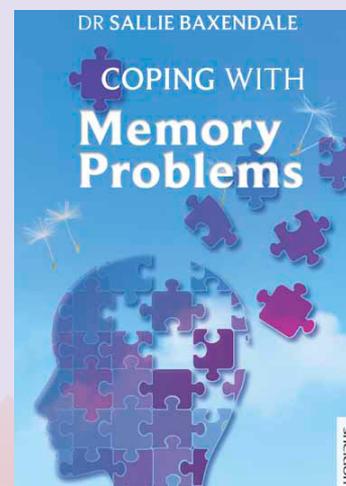
The Geography of Memory



The 36-Hour Day



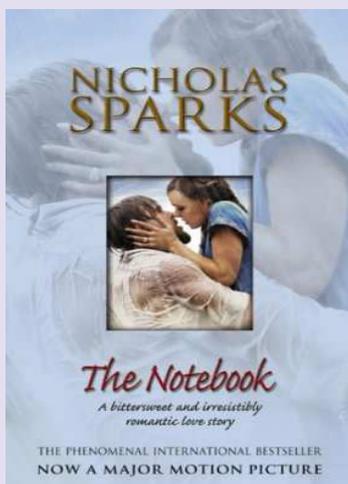
Forgetting: When To Worry, What To Do



Coping With Memory Problems

Fiction

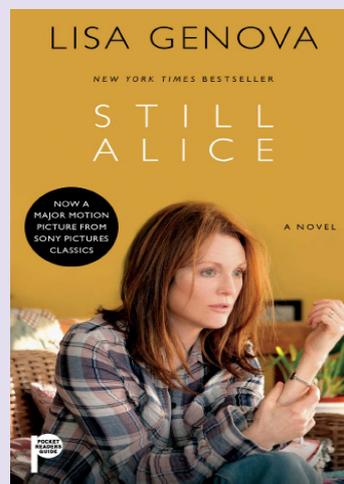
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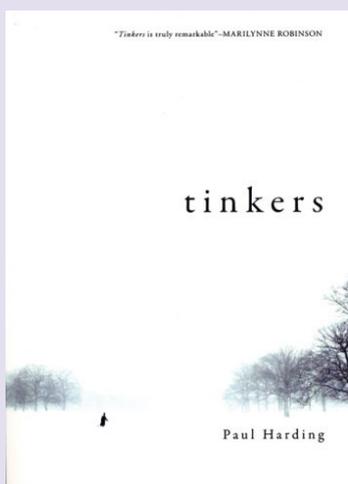
The Notebook



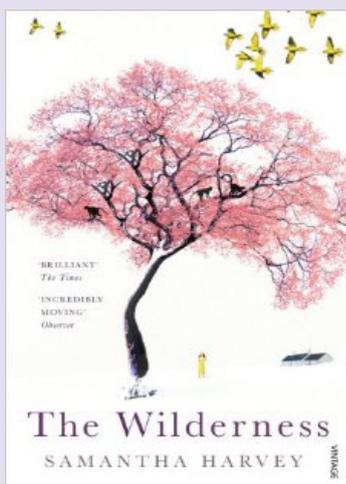
Elizabeth is Missing



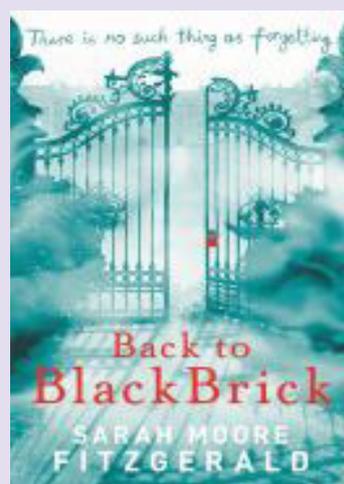
Still Alice



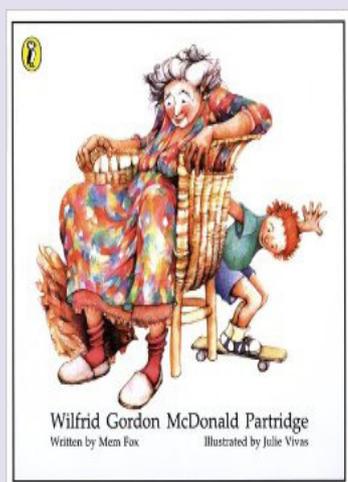
Tinkers



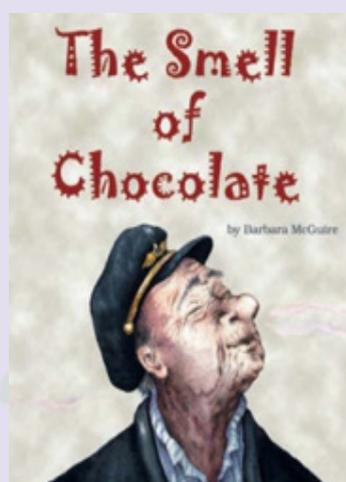
The Wilderness



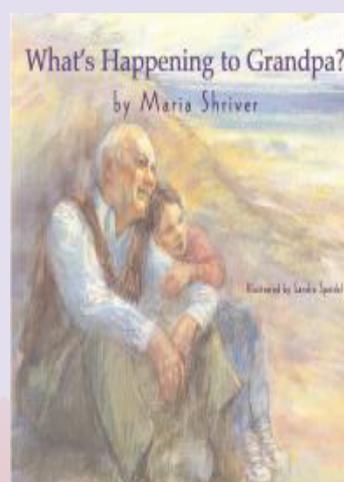
Back to Black Brick



Wilfrid Gordon McDonald Partridge
([Read online at Ozcare](#))



The Smell of Chocolate



What's Happening to Grandpa

Online Information

Diigo favourites > bit.ly/tsvlibdiigo

Search 'Dementia Awareness' for more



Alzheimer's Association Queensland -

<http://www.alzheimersonline.org/>

Alzheimer's Australia Queensland

<https://qld.fightdementia.org.au/>

Ozcare Dementia Support Australia -

www.dementiasupport.com.au/

Online information available from CityLibraries > bit.ly/tsvonlineinf

CityLibraries > Search > Online information



Dementia Apps on your mobile device >



Take the brain health challenge and reduce the risk of dementia. BrainyApp was developed by Alzheimer's Australia and Bupa Health Foundation to raise awareness of the risk factors for Alzheimer's disease and other types of dementia, and to help you live a brain healthy life.

The Connections: Dementia Awareness eBook is also available online at CityLibraries bit.ly/tsvreadsnext and as an [online magazine](#)