

ZIKA IN NORTH QUEENSLAND

Zika and dengue viruses can be spread by a particular mosquito – *Aedes aegypti*.

Many tropical countries have these viruses. If a person who is sick with Zika virus travels to north Queensland, *Aedes aegypti* mosquitoes here could bite them and start an outbreak.

This mosquito breeds in containers holding water around your home. It sneaks into your home and bites quietly during the day.

Protect yourself and your family from the Zika mosquito.

ELIMINATE DENGUE

The Eliminate Dengue program has released dengue-resistant mosquitoes. These mosquitoes carry natural bacteria (*Wolbachia*) that block dengue and Zika viruses from growing inside them. This reduces the ability of the mosquito to transmit viruses between people. For more information visit their website: www.eliminatedengue.com



ZIKA

email: zika@health.qld.gov.au

web: www.health.qld.gov.au/zika

phone: 1800 336 483



ZIKA

NORTH QUEENSLAND

Protect your family now
in case Zika starts spreading
through local mosquitoes



Queensland
Government

**DON'T INVITE
THE BITE**



WHAT IS ZIKA?

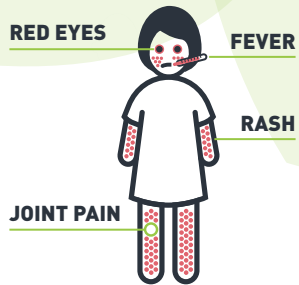
Zika is a mosquito borne virus.

The mosquito that can spread dengue and Zika from person to person is called *Aedes aegypti*.

Zika can also be spread through sex.

If you do get any symptoms they are usually mild and last up to a week.

Symptoms can include:



HOW CAN I GET ZIKA?

- A bite from an infectious mosquito in a country with Zika virus
- An *Aedes aegypti* mosquito bite when there is a local outbreak in north Queensland
- Having sex with an infectious partner (who may have got the virus overseas)
- Zika can also be passed from a pregnant woman to her unborn baby, which can sometimes cause severe birth defects

HOW CAN I PROTECT MY FAMILY?

Protect yourself:

- Use insect repellent, with DEET or Picardin.
- Wear long sleeves, pants and cover your feet.
- If you or your partner are pregnant or could get pregnant, don't travel to areas or countries with Zika or dengue.



Protect an unborn baby

- Delay pregnancy till 6 months after an exposure or outbreak.
- If you/your partner have Zika or were exposed to Zika in recent months, abstain from sex or use condoms till delivery (and at least for 6 months).
- See your doctor for advice and possible testing.



Protect your home

- Kill mosquitoes every month using long-acting surface spray*, in dark hiding places behind and under furniture, in and around your home.
- Screen doors and windows.
- Tip out, throw out, or store anything that can hold water in your yard.



SCAN QR CODE TO WATCH A CLIP ON 'HOW TO SPRAY YOUR HOME'

*crawling insect or cockroach surface spray