



## Mould: mostly just a nuisance

Every building in Townsville has some mould in it. It's a wet season issue, even without the floods. The big wet has made the mould grow making it easier to see and smell.

### LOW RISK FROM HOUSEHOLD MOULD

- People with a normal immune system can easily keep mould out of their body
- Only a few people would be affected by mould and dusty spores in the air, these may include:
  - *True allergy to mould, with asthma or lung disease*
  - *Elderly people, or chronic diseases like diabetes or kidney trouble*
  - *Low immunity, like people with cancer chemotherapy*
  - *If concerned, see your doctor*

### PREVENT MOULD GROWTH BY

- Fresh air and sunshine
- Dry out your property with fans OR aircon on dry mode

### CLEANING UP

- People with known medical risks should not do the clean-up
- Use rubber gloves with water and detergent
- Use a fine particle (P2) mask if there's lots of dusty spores indoors
- Spirit vinegar or commercial products can help prevent regrowth
- Some things like water-logged furniture will have to be thrown out
- Carpets waterlogged for more than 2 days may have to be removed – beware that some old carpet underlay may contain asbestos.

**Asbestos containing carpet or fibro sheets must be disposed of separately. Seek advice.**