

EMERGENCY KIT CHECKLIST

IT IS VITAL YOU PREPARE AN
AIRTIGHT, WATERPROOF KIT

PLAN. PREPARE. SURVIVE.
Plan for cyclones

Special Items

- Baby needs such as nappies and bottles
- Medication and scripts
- Contact lenses or prescription glasses
- Games, books and puzzles for entertainment
- Esky and ice
- Ensure you have enough cash on hand to last one week
- Fuel for car
- Pet food and supplies

In a waterproof wallet

- Will and insurance policies
- Passports and immunisation records
- Bank account and credit card numbers
- Inventory of household contents
- Important phone numbers
- Family records such as birth and marriage certificates
- USB with the above documents saved electronically

Use this checklist when packing and updating your emergency kit.

Water

- Water in plastic containers
- A three day supply; minimum five litres of water per day per person

Food

- Minimum three day supply
- Ready to eat canned meats, fruit and vegetables
- Canned juices, milk and soups
- Staples such as sugar, pepper, salt and high energy foods such as peanut butter, honey, jams and muesli bars
- Vitamins
- Food for babies, children, elderly persons or any special dietary requirements
- Comfort foods such as biscuits, lollies, cereals, coffee and tea

First aid kit

- Replace any used contents

Clothing and bedding

- At least one complete change of clothing and footwear per person
- Long sleeve shirts and trousers
- Sturdy shoes
- Rain gear
- Blankets or sleeping bags
- Hats and work gloves
- Sunglasses

Tools and supplies

- Face masks, hand sanitiser and sanitising wipes
- Disinfectant
- Toilet paper
- Soap/detergent
- Personal hygiene items

- Cooking facilities such as gas BBQ/camping stove
- Plates, bowls, cups, utensils (paper or plastic plates don't require washing)
- Mobile phone and charger
- Battery operated radio
- Battery operated torches
- Spare batteries
- Extension cords and power boards
- Utility knife
- Duct and masking tape
- Matches in waterproof container
- Insect repellent and sunscreen
- Tools for temporary repairs
- Rope and chains for securing outdoor items
- Plastic sheeting or tarps